

retreat

(ri-tret') *n.* a place of refuge for inner contemplation, learning and growth

Volume 10 Issue 2

A MONTHLY NEWSLETTER FOR THE FOUNDATION FOR WOMEN

February 2007



Foundation for Women
PO Box 2786
La Jolla, CA 92038

- **First Friday** is on February 2, 2006 at Bertrand at Mr. A's (2550 Fifth Avenue, San Diego, CA 92103). We are privileged to announce that our guest speaker is San Diego Fire-Rescue Department Fire Chief, Tracy Jarman. Chief Jarman administers a staff of 928 firefighters, 124 lifeguards, 85 uniformed positions in Emergency Medical Services, 121 civilian personnel, and oversees a budget of \$160 million. Of the 24 female fire chiefs in the United States, Chief Jarman runs the second largest department. Help FFW honor and celebrate this Amazing Woman. As always, there is a \$20 donation. Reservation **REQUIRED** by 1/31/07 @ 5:00 p.m. Please call 858.483.0400 to make your reservation.
- You can now donate to **One Dollar a Day for 100 Days** online! Please visit our website at www.foundationforwomen.org, proceed to the donation page, and click on the One Dollar a Day for 100 Days Icon . This is an ongoing movement to change the statistics of poverty worldwide.
- Have you marked your calendars for **May 4, 2006? Cirque de l'Art** is going to be a phenomenal event supporting microcredit locally and globally. Watch for your invitation. Join us at this party with a purpose.
- Did you know that there are now 2 **FFW Book Groups** to choose from? One meets on the first Tuesday of the month. The contact person is Carol Carr 858.481.7425. The second group meets on the third Tuesday of the month. The contact person is Margaret Green 858.452.5665. While everyone is welcome to attend either group, the first is located more north and the second is located more mid-city. Please take this opportunity to get involved in lively discussions and get connected to other Foundation for Women members.

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