

# retreat

(ri-tret') *n.* a place of refuge for inner contemplation, learning and growth

Volume 9 Issue 12

A MONTHLY NEWSLETTER FOR THE FOUNDATION FOR WOMEN

December 2006



A Foundation for Women Family Photo with Nobel Peace Prize Winner Dr. Muhammad Yunus.

**Foundation for Women  
PO Box 2786  
La Jolla, CA 92038**

- Ten delegates from the Foundation for Women joined 2000+ people from 112 countries in Halifax, Nova Scotia for the Global Microcredit Summit in November. All participants are committed to changing the statistics of poverty. The goal is to reach 175 million people with microcredit by 2015.
- First Friday is on December 1, 2006 from 11:30 – 1 pm. It will be held at the FFW Center (4747 Morena Blvd., Suite 375, San Diego, CA 92117). Marshall Saunders will speak about his work with microfinance internationally. Lunch will be provided by women who are part of our local microcredit program in San Diego. As always, there is a \$20 donation. Please call 858.483.0400 to make your reservation.
- Year End Giving – Virtual Tea Party. Join all members of the Foundation for Women as we come together in spirit in this season of Thanksgiving. Watch for your invitation to mindfully brew your cup of tea, quietly sit, enjoy it and breathe.
- FFW Annual Tree Trimming Party at Rachel's is Saturday, December 16 from 10 – 12 noon. If you will attend, please call the Center at 858.483.0400.
- Donation Street. Donate to FFW by shopping online. It costs you nothing and a portion of your purchases support FFW. For more information, look on our website and follow the link. [www.foundationforwomen.org](http://www.foundationforwomen.org).

***HAPPY HOLIDAYS  
from all at the Foundation for Women.***

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